

Quick Success Strategies

By Laurel Inman

Quick success is usually spontaneous, which makes it a bit tricky to intentionally accomplish with consistency. However, quick successes are still entirely possible! I have good news and bad news when it comes to quick success.



Let's begin with the bad news. Desiring quick success typically means we are under some form of pressure to perform. This very pressure can lead to the very stress or desperation that can circumvent our efforts.

Ok! Now, the good news. The good news is that quick success is possible. Let's explore five core success principles we can employ to increase efficiency and success rates for your approaching goal.

Success Principle One - Lean into Your Pre-existing Connections

Your current connections are your support beams. Use these. Ask for referrals. Ask for resources. Ask for what your needs are. Have you defined your needs? Every goal has needs.

Connections and support can take the form of friends, colleagues, a coach or consultant, family and/or past clients, etc.

Action step – List your connections (active and inactive). Define how you can lean on them for the support of your goal. Determine what your needs are. Ask your connections for help with your needs. (Note: Don't contact anyone until you've examined step two.)

Success Principle Two – Have a Message to Accompany Your Goal

What is the message behind your goal? Why are you doing what you are doing? Your message is what connects you to other people. Your connections to other people are what will ultimately bring your goal into fruition. No goal is attained in a vacuum.

Action step – Once you are clear on your goal you can, define the message of your goal. Get clear first. This is important. It may be tempting to be all over the map during this time. However, resist this and stick to your message.

Success Principle Three – Keep the Objective Upper Hand

If you are a male you already have an upper hand here. Objectivity often comes more naturally for men than it does for women. Women, have the upper hand in making connections. We are wired differently. If you are female, this would be a good time to amp up your objective male focus. This is critical for keeping distractions and illusions at bay.

Action step – During the period that you are focusing on goal attainment, take every morning to get clear and self care. Self care during this time is highly valuable to remaining objective and in accurate perception mode, whether you are male or female!

Success Principle Four – Follow the Lead

Ok. No matter what you call it, God or your intuition, follow it. It is your greatest shortcut. You somehow already know what needs to be done and who to talk to.

"Have the courage to follow your heart and intuition.
They somehow already know what you want to become.
Everything else is secondary."
- Steve Jobs

The better you get at this, the quicker your successful outcomes will accumulate. It is basic math.

Note: Don't confuse intuition with fear or the intensity of stress. Intuition doesn't have emotion attached to it. It is a clear inner knowing.

Action step – Be aware of who and where you are being led to. Have the courage to act on this, even if it doesn't make sense initially. (In my opinion, God knows the bigger picture. When we follow God's lead, things fall into place in miraculous ways!)

Success Principle Five – Diversify

First. Remember, you are not a one trick pony. If what you've done in the past hasn't worked, adjust your strategy to align with the first four principles and forge ahead. Notice I said adjust and not abandon!

Second. Don't think outside of the box at this point. Realize the box doesn't exist. Be willing and open to all possibilities that you may be guided to take action on (as long as they are aligned with your values and sense of integrity of course).

Your next steps

Take these five success principles and give them form. Bring them to life. Apply them to your goals and amp up your moves with precision and clarity.

Remember, the only way out is through and truth is your greatest shortcut!



My best to you and your upcoming success!

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Laurel helps adults feeling stuck, overcome their struggles, accomplish their goals and transition into a successfully fulfilling life with a compassionate and spiritual human edge.

